



# Disability Hub MN™: A Resource Network

Provided by Marcy LaCroix

Community Capacity Builder

Disability Hub MN™



# What is Disability Hub MN™?

- Free statewide resource network
- A simple, single access point
- Safe, neutral, and trusted resource
- Comprehensive—puts the pieces together



# Our Team

- Person Centered Trained Options Counselor
- Some OC's have additional credentialing in other areas of expertise
- In multiple communities across Minnesota



# Who We Help...

- Case Managers and Social Workers
- Education professionals
- Employment support professionals
- Anyone in a support role
- Family, Friends, Neighbors, etc.
- Self-advocates
- Anyone regardless of disability



# You can ask us anything!

- What are my health insurance options?
- Support in finding community resources.
- Can I live where I want and get the help I need?
- Support in understanding what person centeredness means to me.
- Can I work, or work more?
- Troubleshoot issues with benefits and understand them



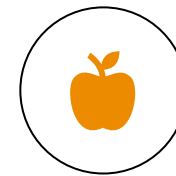
# Frequent Topics: 2023 Data



Health Benefits



Cash Benefits



Health &  
Wellness



Community &  
Family Support



Housing /  
Shelter

# How We Might Help...

- Contact information for a needed agency or service
- Support in contacting an agency or organization
- Understanding available options so a decision can be made
- Work 1:1 with an Options Counselor to meet goals
- Build knowledge around benefits, programs and tools for personal and professional success



# Hub Helpful Tools

- [DisabilityHubMN.org](https://DisabilityHubMN.org)
- [DB101](#)
- [HB101](#)
- My Vault
- [MinnesotaHelp.info](https://MinnesotaHelp.info)
- [Direct Support Connect](#)





# Disability Hub MN™: Website Tour



# Disability Hub MN

[Disability Hub MN Homepage](#)

The Hub | DB101 | HB101

Disability HUB MN

Chat | 1-866-333-2466 | Email | My Vault

Top Topics | Your Options | Hub Tools | Get Involved | For Families | For Professionals

## Set goals and a vision for your best life.

Explore Charting the LifeCourse tools and guides

Welcome to the Hub.

Disability Hub MN is a free statewide resource network that helps you solve problems, navigate the system and plan for your future. We can help you create your best life, your way. Visit [About the Hub](#) to learn more.

**Stay connected**

Sign up to receive periodic email updates from the Hub.

Your email address:

Sign up

# Top Topics

## [Disability Hub MN - Top Topics](#)



### Top Topics

#### Health

Medical Assistance

Medicare

Prescriptions

#### Housing

Housing stabilization

[Affordable housing](#)

#### Independence

PCA services

Transportation

Waivers

Waiver Reimagine

#### Money

SNAP

Social Security

#### Other

COVID-19

Guardianship and alternatives



Need help finding the Medicare prescription drug plan that's best for you? [See common questions about Medicare](#)

# Your Options

[Disability Hub MN - Your Options](#)

## Your Options

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Health

Housing

Independence

Money

Work



Think housing is too expensive? You might have more options than you think.

[Explore housing options](#)



# Hub Tools

## [Disability Hub MN - Hub Tools](#)



**Hub Tools**

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<b>Online resources</b>	<b>Activities and guides</b>	 <p>Considering work? <a href="#">Get inspiration from real-life success stories</a></p>
Disability Benefits 101	Charting the LifeCourse™	
Housing Benefits 101	Person-centered guidebook	
My Vault		
MinnesotaHelp		
Direct Support Connect		

# For Families

## [Disability Hub MN - For Families](#)

The screenshot shows the Disability Hub MN website interface. At the top right, there is a navigation bar with 'Disability HUB MN' logo, 'Chat', '1-866-333-2466', 'Email', and 'Sign in to My Vault'. Below this is a dark teal navigation bar with 'Top Topics', 'Your Options', 'Hub Tools', 'Get Involved', 'For Families' (highlighted), 'For Professionals', and a search bar. The main content area features six cards representing different life stages: 'Pregnancy and infancy', 'Early childhood', 'School age', 'Transition to adulthood', 'Adulthood', and 'Aging'. Each card includes a representative image and a brief description of the resources available for that stage.

**Disability HUB MN**

Chat | 1-866-333-2466 | Email | Sign in to My Vault

Top Topics | Your Options | Hub Tools | Get Involved | **For Families** | For Professionals | Search

**Pregnancy and infancy**  
Your parenting journey begins with pregnancy. See key supports, programs and resources for pregnancy and infancy.

**Early childhood**  
You want to give your child the best possible start. Check out key supports, programs and resources for birth to age 5.

**School age**  
The school years provide opportunities for new experiences. Consider key supports, programs and services for school-age kids.

**Transition to adulthood**

**Adulthood**

**Aging**



# For Professionals

## Disability Hub MN - For Professionals



### Resources for professionals

**TOOLKIT**

#### Informed Choice

Understand the informed choice standard and how you can help people with disabilities lead inclusive lives.

**TOOLKIT**

#### Benefits Planning

Learn how benefits support work, and find tools to help you address concerns so people can get ahead through work.

**ANNOUNCEMENT**

#### Invite the Hub to attend an event or make a presentation.

Would you like a representative from the Hub to attend your event or make a presentation to your group? [Submit your request](#) today!

**TOOLKIT**

#### Work

**TOOLKIT**

#### Housing

**HUB MATERIALS**

#### Find materials you can use to tell people about the Hub.

**Questions?**





# Anita & the Disability Hub MN



# Anita Calls The Hub

Will graduate this spring!

Her and her family are concerned about how working will impact her benefits.

They reach out to the Hub to get started



# Initial Call Discovery



Have you ever worked before?

Do you need support in finding work? Maintaining work?

What income and resources are currently available? Health Care coverage?

Are you getting any support now in your daily life? What type of supports do you need and want?

# Initial Call Education



Social Security benefit differences.

Work incentives that allow a person to get ahead financially while working on benefits.

DB101:

- My Vault
- Articles

# DB101 Articles for Anita & Family



Within the Youth Section:

- [Start Planning Now](#)
- [Finding A Job](#)
- [Parent Focus: Work is Possible](#)

Within the Work & Benefits Section:

- [Going to Work Toolbox](#)
- [Getting Past the Myths: The Truth About Working](#)

# Anita's Vault

- Save useful articles for her current situation
- Complete activities in The Vault relative to current situations
  - Budget Tool
  - Build an Employment Team
- Use the Contacts Section to add members of her support team who are assisting her with work and benefits
- Share articles and other information with support team members



# Anita Goes To Work



# Anita Has Job Offer



Anita calls the Hub back when she has received an offer on a job

It is for part time work at a museum

Anita wants to know what impacts this employment is going to have on her benefits

They call back to the Hub for customized benefits planning information



# Call Discovery



How much does the job pay and what are its hours?

Do you need any on the job supports or accommodations?

What income and resources are currently available? Health Care coverage?

Would you like assistance understanding reporting wages to the county and Social Security?

# How Disability Hub MN Can Help Anita



- Eligibility questions
- Explain work rules for each benefit
- Help to complete DB101 activities like the Estimator and Try Its
- Provide individual benefit report for any complex situations
- Help understand reporting to SSA and their county human services agency

# Helpful DB101 Tools for Anita



- Read articles about [SSI](#) and [MA](#) for details about work
- Watch [videos](#) about benefits and work
- Review the [Going to Work Toolbox](#) in the Work and Benefits Section
- Register a [My Vault](#) account and complete activities including a Benefit Lookup, Estimator, Budget and more
- Use the chat feature to reach out to Disability Hub MN with questions

# Follow us on Facebook!



1-866-333-2466  
[disabilityhubmn.org](http://disabilityhubmn.org)



**Disability Hub MN**

@disabilityhubmn · Non-Governmental Organization (NGO)

[Contact Us](#)



# How to reach us?

## Contact a Hub expert.

Our experts are here to help you get answers to your questions, so you can live your best life, your way. Chat, call or email us today!



**Chat with us.** Monday to Friday, 8:30 am to 5 pm.



**Call 1-866-333-2466.** Monday to Friday, 8:30 am to 5 pm.



**Email us.** Emails are answered Monday to Friday.





# Thank you!

**Your best life, your way.**

**Disability Hub MN** is a free statewide resource network that helps you solve problems, navigate the system, or plan for your future. Our team knows the ins and outs of community resources and government programs, and has years of experience helping people fit them all together