



# 30 Second Expert

Presented by:

Lila Kahmann

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# Lila Kahmann

- Currently work as a Special Education Teacher at Owatonna Middle School.
- Masters in Special Education
- Interests include Emotional and Behavioral Disorders, Autism, Social and Emotional Learning, Executive Functioning Skills, creating community within the school setting, nerding out on science while helping students build academic skills
- When not in the classroom can be found directing the middle school after school theater. Outside of school she enjoys time with her family.

# Kristin King-Aasum

- Currently work as an Autism Consultant for Hiawatha Valley Education District in Southeast Minnesota.
- Masters in Special Education and Applied Behavior Analysis
- Interests include Autism, Early Intervention, Executive Functioning Skills, and Social Emotional Learning
- First time at Charting the C's
- When not working, can be found enjoying time with my family and friends, working on various crafts/projects

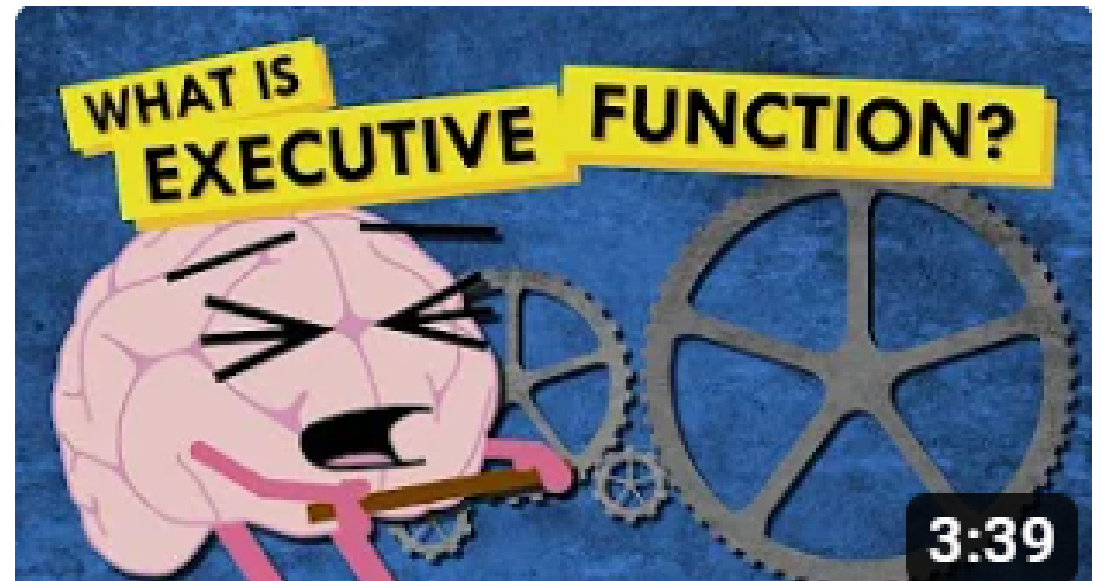
# Outline for 30 Second Expert

1. Overview of Executive Functioning
2. Description of 30 second expert
3. Step by step process
4. Executive Function Expert – Activity
5. Final Share Out
6. Wrap Up – Q&A Self Reflection/Monitoring/Evaluation

# Executive Functioning

Link to YouTube video:

[What is Executive Function and Why Do We Need it? \(3:38\)](#)



# Types of Executive Functioning Skills

According to The Autism Helper, there are 11 different Executive Function Skills. They include:

- Response inhibition
- Working Memory
- Emotional Control
- Sustained Attention
- Task Initiation
- Planning/prioritization
- Organization
- Time Management
- Persistence
- Flexibility
- Metacognition

## 30 Second Expert Definition

- Lila started 30 Second Expert during a summer school Science class. The intent was to move students passed task avoidance, self-doubt, and increase positive communication between students
- Recently Lila read an article about Jigsaw Classroom and appreciated the visual component and the clarity of steps and roles. If each student's part is essential, then each student is essential; and that is precisely what makes this strategy so effective.

# 30 Second Expert Executive Functioning Skills

1. Response Inhibition
2. Working Memory
3. Emotional Control
4. Task Initiation
5. Persistence
6. Flexible Thinking



# Table Jobs

- Leader
  - Greet everyone quick and introduce yourself with an ice breaker
  - Stays at the table when everyone else rotates
- Timer
  - Watches the time
  - Flips the timer

# Step 1/Phase 1: Definition

At your table you will find a packet to one of the previously mentioned Executive Functioning Skills.

- Take 30 seconds to look through your handouts
- Write down definition on puzzle piece



## Move to New Table

- Leader will stay at current table
- Everyone else must go to a different table
- At the end, each table will have the 6 Executive Functioning Skills (all 6 colors)
- Take 30 seconds each to share your definition.



## Step 2/Phase 2: What it looks like

- Take 2 minutes to write down what your Executive Functioning Skill would look like in the classroom
  - Deficit?
- Take 1 minute each to report what you learned



## Move Again To New Table

- Leader will stay at current table
- Everyone else must go to a different table
- At the end, each table will have the 6 Executive Functioning Skills (all 6 colors)

## Step 3/Phase 3: Strategies

- Take 2 minutes to write down what strategies to help with your Executive Functioning skill in the classroom
- Last, take 1 minute each to report what you learned



# Kahoot

[Access the Kahoot](#)

# Kahoot!



# Wrap Up

- Self Monitoring and Self Evaluation
- How could you use this in your classroom?
- What would you do differently?



# Resources

- Executive Functioning Video
- The Autism Helper



# Closing Slide, Thank you!

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