

Using Person-Centered Practices for the Many Transitions, from Infanthood to Adulthood

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Takeaways for Participants

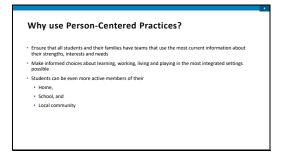
- Develop at least 1 One-Page Description for yourself before trying out with others.
- Sign-up to receive direct technical assistance and professional development opportunities available as they are announced.

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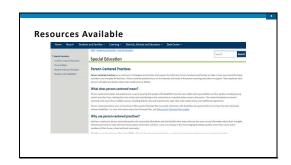
What are Person-Centered Practices?

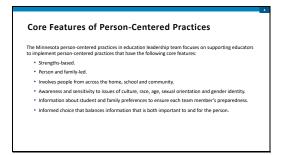
- Continuum of strategies and activities that support the informed choice of students and families to make or have input into both
 Major transitions, and

 - Everyday life decisions.
- Focus on the interests and needs of the person receiving instruction or support.
- Emphasize each person's strengths and dreams rather than weaknesses or deficits.



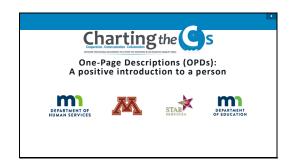
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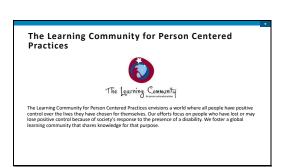






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Opening Round — 3 Steps Let us know in chat (personal to Garrett or to all) if you are either [pick one]: Listening to gauge interest - or Fully participating to try out the skills

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How do we get to know students...

Sources of information for students...

Evaluation Report (ER), sometimes called Evaluation Summary Report (ESR)

Functional Behavioral Assessment (FBA)

Individualized Family Service Plan (IFSP)

Individualized Education Program (IEP)

Present levels of academic achievement and functional performance (PLAAFP)

Progress report (PR)

Individualized Education (LIEP) impact on learning and progress

- Austice Technology (ILEP) impact on learning and progress

- Austice Technology (ILEP) process (grades 9–12)

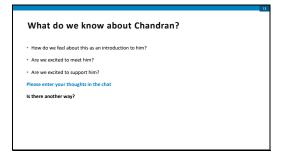
Individual Service Plan (ISP)

Individual Service Plan (ISP)

Summary of Performance (SOP)

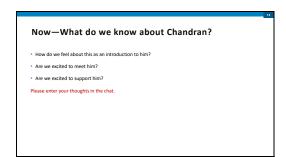
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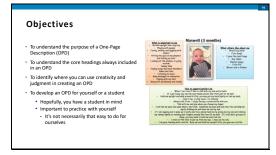
If technical information is our first introduction, it may look like the following ... 'Communication skills are significantly different from typically developing peers...' 'Referred to public school by pediatrician...' 'Resenting concern with delay of speech...' 'Responds to the word 'stop' and 'no' and follows routine cues...' 'Makes wants and needs known by pulling adult to them or pointing...' 'Fine motor skills during functional activities observed to be discrepant from same-age peers...' 'High level of distractibility...'



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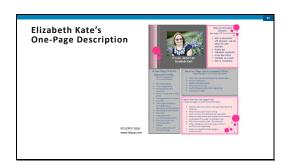
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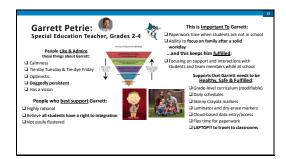
Purpose of One-Page Description (continued) As a way to introduce someone across different settings like school, home and community. When moving to a new school. When meeting new people, like a new Intervener. At the **front page** of a student's records to share when paperwork is transferred. As the beginning of a more detailed Person Centered Description. As the <u>basis for action</u>—going from an OPD to then asking what is working and not working from different perspectives and acting on this.



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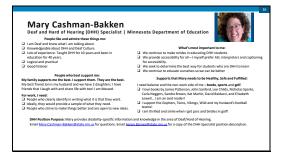




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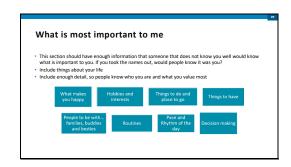


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One-Page Descriptions Must Include What must be included: What people like and admire What is most important to How to best support the person



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One-Page Descriptions May Also Include

- What might be included:
 Hopes and dreams for the future
- How I communicate with you
- Characteristics of people who best support me
- Things I don't like
- What is important to my family
- For some students, this may be a required element
 Other

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Who may have the best information for the description?

- What do you like about the person?
 What do you admire about the person?
- When was the last time that you had fun with the person?

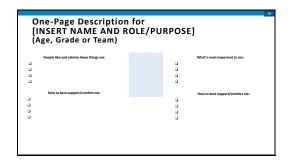
Recommendation: If they can answer these three questions, and add even more details, then prioritize them for the person to consider reviewing their info to add/update their One-Page Description over time.

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One-Page Description templates

- Google Drawing template (http://bit.ly/opdtemplate all lowercase)
 - If you want to use and adapt this template, go to:

 - File
 Make a copy
 Rename and save to your Google Drive
- PowerPoint version (provided with examples)
- Word document version (provided by trainer) Two pages with headings
- Charting the LifeCourse Profile Page (https://disabilityhubmn.org/media/u5nnccvn/hub_lifecourse_myprofilepage_fillable.pdf)



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Resources - Minnesota Gathering YouTube video: OPDs for Children 2021 (https://youtu.be/7gPbUQ/5KSY) - The Learning Community for Person Centered Practices (https://tlcpcp.com) - Support Development Associates: Go-To-Guide for Person-Centered Thinking (PCT) Skills webpage (https://sduss.com/nol-bit-templates-enamples) - Helen Sanderson Associates: One-Page Profile Templates webpage (http://helensandersonassociates.co.uk/person-centred-practice/one-page-profiles/one-page-profile-templates)

Resources (continued)

- It's My Choice (https://mn.gov/mnddc/extra/publications/lts-My-Choice.pdf)
- Minnesota Department of Education (MDE) Person-Centered Thinking webpage (https://education.mn.gov/MDE/fam/sped/MDE032791)
- Positive Supports Minnesota (https://mnpsp.org)
- Minnesota Department of Human Services (DHS) Person-Centered Practices webpage (https://mn.gov/dhs/partners-and-providers/program-overviews/long-term-services-and-supports/person-centered-practices)

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Person-Centered Practice Examples in Minnesota **Schools: Contract Opportunity**

Purpose: Provide additional opportunities for schools and districts to share current information and video stories about person-centered practices in Minnesota schools and programs.

- MDE is offering contracts to schools and districts to develop approved, student or family-centered stories.
- Provide examples of person-centered practices that have demonstrated evidence, implementation supports and usability across a range of school, home and community environments.

- Description of the person-centered practice used with the student or family How the person-centered practice was implemented Available professional development opportunities for the practice. Professional development opportunities for the practice. Professional development opportunities for the How with professional trade, employment How with professional professional trade, employment of your focus.

 A student success story about how it impacted the student

Person-Centered Practice Examples in Minnesota Schools contract proposal page (http://s.alchemer.com/s3/Person-CenteredExamplesMM)

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Interested in Receiving Email Updates?

Email the Minnesota Department of Education's leadership team (mde.person-centered@state.mn.us) to be added to the list of upcoming person-centered practice professional development opportunities.



