

Charting the C's Main Conference 2023: Partnering with Parents to Support Executive Function

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Resource Links

- [Seth Perler](https://sethperler.com/) – executive function tips and strategies for parents, students, and teachers through videos and free downloads (https://sethperler.com/)
- [Sarah Kesty](https://www.sarahkesty.com/) – executive function podcast and videos (https://www.sarahkesty.com/)
- [Unstuck and On Target Parent/Caregiver Videos](https://www.unstuckandontarget.com/parent-videos) – video series providing executive function strategies for parents (https://www.unstuckandontarget.com/parent-videos)
- [Analog Visual Timer](https://www.amazon.com/visual-timer/s?k=visual+timer) – tool for awareness of time passing (https://www.amazon.com/visual-timer/s?k=visual+timer)
- [360 Time Tracker Chrome Extension and App](https://www.efpractice.com/projects-3) – task planning timer (https://www.efpractice.com/projects-3)
- [Large Virtual Analog Clock](https://www.online-stopwatch.com/large-online-clock/) – live analog clock you can display on your computer (https://www.online-stopwatch.com/large-online-clock/)
- [Time Management Tools](https://www.efpractice.com/copy-of-articles-about-executive-func) – downloadable tracking sheets (https://www.efpractice.com/copy-of-articles-about-executive-func)
- [Understood.org](https://www.understood.org/) – tools and resources to support thinking and learning differences (https://www.understood.org/)
- [TEFOS](https://executivefunctions summit.com/) – an annual free online conference for parents on understanding and supporting executive function (https://executivefunctions summit.com/)
- [What is Executive Function?](https://harvardcenter.wpenginpowered.com/wp-content/uploads/2019/04/ExecutiveFunctionInfographic_FINAL.pdf) – downloadable graphic (https://harvardcenter.wpenginpowered.com/wp-content/uploads/2019/04/ExecutiveFunctionInfographic_FINAL.pdf)
- [Executive Functions Explained](https://livelymindstutoring.com/2020/01/29/executive-functions-explained/) – outline of executive functions and their characteristics and challenges (https://livelymindstutoring.com/2020/01/29/executive-functions-explained/)
- [Sarah Ward Cognitive Connections](https://www.efpractice.com/copy-of-clinical-therapy-services-1) – articles, tips and tools to support executive function (https://www.efpractice.com/copy-of-clinical-therapy-services-1)
- [Executive Function Toolbox](https://www.facebook.com/ExecutiveFunctioningToolbox) – Facebook community page (https://www.facebook.com/ExecutiveFunctioningToolbox)
- [Executive Function Support Group](https://www.facebook.com/groups/161633793871234/) – Facebook group page (https://www.facebook.com/groups/161633793871234/)
- [Tera Sumpter, SLP, Executive Functioning Specialist](https://www.instagram.com/terasumpter_slp/) – Instagram page (https://www.instagram.com/terasumpter_slp/)