

Executive Function Scaffolding for Students with Complex Communication Needs: AAC Considerations

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January 21, 2023

My Background

Speech-language pathologist specializing in AAC since 2008

- Easter Seals Chicago Autism Therapeutic Day School (federal level 5)
- Saint Paul Public Schools
 - Bridge View School (federal level 4)
 - district AT team
- All Voices Augmentative Communication (private practice)
 - in-home AAC services in the Twin Cities metro area
 - all ages

Land Acknowledgement

I am based out of Saint Paul, Minnesota. I live and work near Bdote Mni Sota (the confluence of the Minnesota and Mississippi rivers). Bdote Mni Sota, according to the Dakota creation story, is were the Dakota people (the Seven Fires of the Dakota) first came to the earth.

Learn more about the Dakota:

Dakota Wicohan website (https://dakotawicohan.org/)

Bdote Memory Map website (http://bdotememorymap.org/)

Books by Native authors and illustrators:

AICL best books list

(https://americanindiansinchildrensliterature.blogspot.com/p/best-books.html)

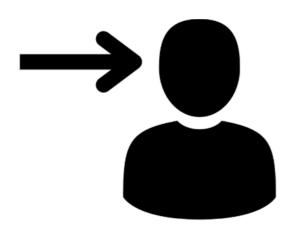
Outline

- Foundation
- Scaffolds
 - Physical Components
 - Cognitive Components
 - Aided Language
- Final Notes
- Discussion

Foundation: Receptive vs. Expressive Communication

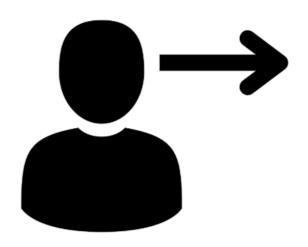
Receptive Communication

Speech and language information a person takes in and interprets



Expressive Communication

Speech and language messages a person expresses



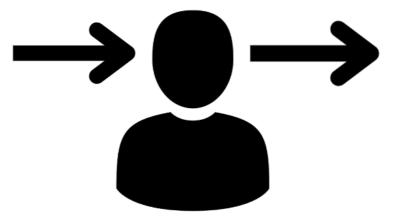
Foundation: Receptive vs. Expressive Communication, continued

Receptive Communication

Speech and language information a person takes in and interprets

Expressive Communication

Speech and language messages a person expresses



Foundation

The Ultimate Goal for Everyone

 To be able to communicate spontaneously, independently, clearly, and in a timely manner in a range of contexts with all types of communication partners

Foundation, continued

The Ultimate Goal for Everyone

 To be able to communicate spontaneously, independently, clearly, and in a timely manner in a range of contexts with all types of communication partners

...communication is hard!

Foundation, continued 2

...on top of that, communicating with AAC is hard!

We need to work to decrease the executive function load of using AAC in order to make communication as "easy" as possible for AAC users (and anyone with complex communication needs).



Scaffold: Minimize Physical and Motoric Demands

Executive functions you are scaffolding:

- planning
- working memory
- focus/attention
- task initiation

Adapted Touch Settings

- select on release
- dwell
- first finger up, last finger down
- adapted glove
- keyguard
- special stylus: <u>Nad Pen by Click Speak Connect</u> (https://www.clickspeakconnect.com/nadpen/)

Alternative Access

- eye gaze
- head mouse, <u>Smyle Mouse</u> (https://smylemouse.com/)
- scanning
 - partner-assisted scanning: YouTube video by Cheri C (https://www.youtube.com/watch?v=Z7CiYP56oYw)
 - present options as statements, not questions
 - switch scanning (1 vs. 2 switches?)

Multiple Modes

- non-electronic communication modes
 - communication book
 - PODD, photo album, book based on device, etc.
 - core board
 - writing board
 - Boogie Board, dry erase board, pencil and paper

Encourage autonomy, spontaneity, and self advocacy

Positioning

- seating can made a significant difference in level of alertness and engagement
 - try it yourself: passive posture vs. active/alert posture
- Karen Kangas: Seating and Mobility as it relates to AAC and AT (YouTube) (https://www.youtube.com/watch?v=5UhobszRb0g)

30 second stretch break

Scaffold: Minimize Cognitive Demands

Executive functions you are scaffolding:

- planning
- mental flexibility
- working memory
- organization
- task initiation

Scaffold: Minimize Cognitive Demands, continued

Visual organization

- symbol-based systems
- color-coded buttons

Scaffold: Minimize Cognitive Demands, continued 2

Vocabulary

- organized in a way that makes most sense to the user
- increase the number of messages/buttons per page as much as you can
- access to as much vocabulary as possible

Scaffold: Minimize Cognitive Demands, continued 3

Errorless communication opportunities

- everyone needs experience communicating without worrying about saying the "right" thing
 - opinions, comments
 - art projects
 - free time to "babble"

Encourage autonomy, spontaneity, and self advocacy

Scaffold: Provide Aided Language Support



Aided language flyer (google drive)

Final Notes:

Encourage autonomy, spontaneity, and self advocacy!

Final Notes: Keep up the awesome work!

You're already taking steps to expand your AAC knowledge, keep it up! Feel free to contact me if you need any help in the process!



Thank you!

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