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My Background

- Speech-language pathologist specializing in AAC since 2008
- Easter Seals Chicago Autism Therapeutic Day School (federal level 5)
- Saint Paul Public Schools o Bridge View School (federal level 4)
- o district AT team
- All Voices Augmentative Communication (private practice)
- o in-home AAC services in the Twin Cities metro area
- o all ages

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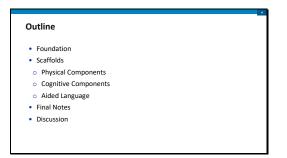
Land Acknowledgement

I am based out of Saint Paul, Minnesota. I live and work near Bdote Mni Sota (the confluence of the Minnesota and Mississippi rivers). Bdote Mni Sota, according to the Dakota creation story, is were the Dakota people (the Seven Fires of the Dakota) first came to the earth. Learn more about the Dakota:

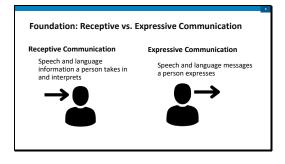
Dakota Wicohan website (https://dakotawicohan.org/)

Bdote Memory Map website (http://bdotememorymap.org/)

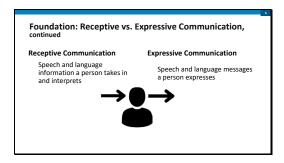
Books by Native authors and illustrators: <u>AICL best books list</u> (https://americanindiansinchildrensliterature.blogspot.com/p/best-books.html)



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Foundation

The Ultimate Goal for Everyone

 To be able to communicate spontaneously, independently, clearly, and in a timely manner in a range of contexts with all types of communication partners

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Foundation, continued

The Ultimate Goal for Everyone

 To be able to communicate spontaneously, independently, clearly, and in a timely manner in a range of contexts with all types of communication partners

...communication is hard!

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Foundation, continued 2

...on top of that, communicating with AAC is hard!

We need to work to decrease the executive function load of using AAC in order to make communication as "easy" as possible for AAC users (and anyone with complex communication needs).



Scaffold: Minimize Physical and Motoric Demands

Executive functions you are scaffolding:

- planning
- working memoryfocus/attention
- task initiation

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Scaffold: Minimize Physical and Motoric Demands, continued

Adapted Touch Settings

- select on releasedwell
- first finger up, last finger down
- adapted glove
- keyguard
- special stylus: <u>Nad Pen by Click Speak Connect</u> (https://www.clickspeakconnect.com/nadpen/)

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Scaffold: Minimize Physical and Motoric Demands, continued 2

Alternative Access

- eye gaze
- head mouse, <u>Smyle Mouse</u> (https://smylemouse.com/)
 scanning
 - partner-assisted scanning: <u>YouTube video by Cheri C</u> (https://www.youtube.com/watch?v=Z7CiYP56oYw)
 present options as statements, not questions
 - switch scanning (1 vs. 2 switches?)



Scaffold: Minimize Physical and Motoric Demands, continued 3 Multiple Modes • non-electronic communication modes • communication book

- PODD, photo album, book based on device, etc.
- core boardwriting board
- Boogie Board, dry erase board, pencil and paper
- Encourage autonomy, spontaneity, and self advocacy

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Scaffold: Minimize Physical and Motoric Demands, continued 4 Positioning • seating can made a significant difference in level of alertness and engagement

 try it yourself: passive posture vs. active/alert posture
 <u>Karen Kangas: Seating and Mobility as it relates to AAC and AT</u> (YouTube) (https://www.youtube.com/watch?v=5UhobszRb0g)

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30 second stretch break

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Scaffold: Minimize Cognitive Demands

Executive functions you are scaffolding:

- planning
- mental flexibilityworking memory
- organization
- task initiation

Scaffold: Minimize Cognitive Demands, continued

Visual organization

symbol-based systems

color-coded buttons

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Scaffold: Minimize Cognitive Demands, continued 2

Vocabulary

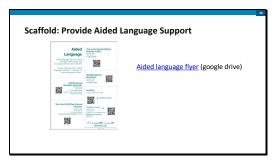
- organized in a way that makes most sense to the user
 increase the number of messages/buttons per page as much as you can
- access to as much vocabulary as possible

Scaffold: Minimize Cognitive Demands, continued 3

Errorless communication opportunities

- everyone needs experience communicating without worrying about saying the "right" thing
 - 。 opinions, comments
 - art projects
 free time to "babble"
- Encourage autonomy, spontaneity, and self advocacy

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Final Notes:

Encourage autonomy, spontaneity, and self advocacy!

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Final Notes: Keep up the awesome work!

You're already taking steps to expand your AAC knowledge, keep it up! Feel free to contact me if you need any help in the process!

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